



**Thalgo Exclusive Spa
At
Suryavilas Luxury Resort & Spa – Solan – Himachal Pradesh**

Thalgo harnesses the riches of the ocean so you can benefit from its powerful healing, revitalizing and rebalancing properties which is so vital for health and well-being. Thalgo makes the most of the extraordinary potential of the sea to develop its Professional treatments by combining the properties of algae, seaweeds, minerals, sea salts, vitamins and of all the goodness of pure sea water.

Micronised Marine Algae for which Thalgo holds a patent, has immense active potential and therapeutic properties thus forming the basis of all Thalgo marine spa treatments.

The exceptional marine facial treatments offer spectacular results in purifying, hydrating, wrinkle-control and firming while body treatments refines, tones and eases tensions.

Step into a cocoon of wellbeing and experience a world of Marine Beauty. Let the beauty of the sea take care of you!!



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THALGO FACE TREATMENTS

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	<p>Deep Cleansing to be adapted to all skin types Purity Ritual Facial 45 Mins Rs. 1550/- Cleanse and restore your skin with this refreshing treatment, tailored to your skin type and specific concerns. Whether you want to maintain optimum hydration, combat problem skin or soothe sensitive skin, your therapist will find the optimum combination.</p>
	<p>Hydrating, Revitalizing and Re-mineralising for all Skin types Aquarelle Facial 1 Hour Rs. 2250/- A perfect revitalizing facial for toneless and lack luster skin, which restores the natural balance of the skin, and re-hydrates moisture levels. Your skin receives the ideal combination of remineralisation and hydration.</p>
	<p>Balancing and Purifying for Combination, Oily and Problem Skins Rebalancing Facial with Micronized Marine Algae 1 Hour Rs. 1750/- Let your skin regain its natural balance through the power of the sea. Ideal for combination, oily and problem skin types, this anti-bacterial rebalancing treatment, featuring Thalgo's patented Micronized Marine Algae delivers all its wealth of natural minerals, vitamins and marine extracts through gentle purifying warmth. Your skin feels deeply cleansed, re-mineralized and beautifully matte.</p>
	<p>Moisturising and Hydrating for all skin types Hydra-Moisture Source Treatment 1 Hour Rs. 2500/- A truly hydrating moisture treatment featuring active marine ingredients and vegetal milks combined with a unique mask to combat dehydration, improve skin texture, and leave the skin feeling soft and radiant.</p>
	<p>Comforting and Nourishing for Dry to Very Dry Skins Algomega Warm Treatment 1 Hour Rs. 2500/- A deeply moisturizing and soothing treat for dry and fragile skin, this nourishing facial provides intensive comfort to dehydrated skin. This comforting massage movements truly relax you, and the lipid-boosting Algomega Complex and Shea Butter ingredients are renowned for their healing and restructuring properties. This facial provides instant relief from skin tightness and discomfort. Comfort and radiance is restored, a true delight for dry skin.</p>



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	<p>Algomega Warm – Eye Treatment 45 Mins A wonderful warm eye treatment specially designed to restructure and strengthen the eye area and to combat problems like dark circles, fine lines, wrinkles and puffiness.</p>
	<p>Soothes and calms Sensitive and Reactive Skins Cold Marine Facial 1 Hour A haven of relaxation for fragile, delicate, and sensitive skin, this intensely soothing cool mint treatment leaves your complexion fresh and luminous. Reviving marine and plant extracts work to reduce the high colour and is protected against further external aggressions.</p>
	<p>Specific care for Youthful Problem skin and acne skins Thalgodermyl Anti-Acne Treatment 1 Hour Specifically for youthful problem skin. Based on natural essential oils with re-balancing marine algae mask to reduce inflammation and control excess oil. This treatment can also be adapted to treat all affected area such as back and shoulders</p>
	<p>Radiance and Replenishing for all skin types Oxygen Facial 1 Hour A basic purifying oxygenating treatment for sallow, sluggish skins, polluted by stress and negative lifestyles. This booster facial incorporates marine and plant proteins to replenish and nourish the skin, resulting in a natural healthy glow – the perfect city dweller facial!</p>
	<p>Relaxing and Destressing for all Skin types Aroma -Essential Oil Treatment 1 Hour Combining the purest essentials oils, plant extracts and a cool marine algae mask, this facial is the ultimate in relaxation. Softens expression lines, and is totally tension relieving for all skin types.</p>



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	<p>Deeply Hydrating and Moisturising for all skin types Absolute Rehydration Treatment 1 hour 15mins This luxury facial features active marine ingredients, vegetal milks and a unique Marine Collagen Patch mask to deeply replenish, revive and soften dry skin, and to alleviate fine lines and wrinkles.</p>
	<p>Hydrating, Anti-Wrinkle for all Skins Pure Collagen Velvet Facial 1 Hour Pamper yourself with this luxurious treatment, and experience the ultimate collagen beauty boost. Renowned as the perfect pre-party facial because of its instant results, you will look and feel your best after the wonderfully uplifting anti-ageing massage movements. Pure Collagen softens and smoothes sun damaged skin, leaving it intensively hydrated, smoother and visibly refined. Fine lines and wrinkles are as if plumped out.</p>
	<p>Revitalizing, Anti Wrinkle Eye Treatment Pure Collagen Velvet (Eye treatment) 45 mins. Using Pure Collagen, this luxurious eye treatment leaves the contour soft and smooth, and plumps out fine lines and wrinkles.</p>
	<p>Treatment for Sun-damaged and Pigmented Skins Oxygen Replenishing Face and Hand Treatment 1 Hour 15 mins This intensive programme incorporates natural AHAs and marine BHAs for a gentle smoothing and brightening effect. Ideal for sallow skin, and pigmentation marks.</p>
	<p>Brightening Rejuvenating Treatment 1 Hour Restore the natural luminosity and whiteness to your skin with this true to its word Whitening treatment. Ideal to rid the face of pigmentation marks, scars, blemishes, unsightly marks or any other skin imperfections. Regain a perfect complexion without imperfections as if you have regained the complexion of your childhood.</p>



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	<p>Derma-Peel Treatment 30 mins is a deeply exfoliating, high-end treatment. It targets dead skin cells and works deeply on skin resurfacing. Effectively treats wrinkles and fine lines along with blemishes and skin sagging. Leaves the skin looking perfectly clear and smooth!</p>
	<p>Firms, lifts and densifies the skin Perfect Contour 1 Hour 15 mins A tailor-made firming treatment featuring Marine Pro-Collagen, this facial is tailored to the morphology of your face. If your needs are refining or plumping the skin, after just one session your skin feels restructured from within, and recovers its tone and elasticity. Facial feature relax and the complexion becomes more radiant and youthful for a firmer and fresher look!</p>
	<p>Plumps out wrinkles from within Wrinkle Control Modelling Mask 1 hour 15 mins An amazing wrinkle-smoothing effect is noticed after just one session! The unique self-eating properties of the mask work in synergy with specific anti-wrinkle ingredients to give you remarkably younger looking skin. Acts as a filler for each wrinkle and fine line.</p>
	<p>Wrinkle Control Fundamental Treatment 1 hour 15 mins professional skincare treatment combines a specifically applied mask (ready to use sterile strips rich in hyaluronic acid microspheres to be applied wrinkle by wrinkle) and a Fundamental Mask soaked in Substance Initiale Marine. The skin is intensely moisturised and wrinkles and fine lines are visibly smoothed out</p>
	<p>Anti-ageing, Firming, Tightening and Repairing for mature skin Anti-Age Control Treatment 1 hour 15min A unique mask (worldwide cosmetic first) with a "second skin" effect using natural biological cellulose and l'Elixir Marine Algae Hormones for intense moisturising, soothing and uplifting - your skin will feel like never before!!!</p>

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	<p>Complete Youthful Treatment 1 hour A revolutionary anti-ageing synergy treatment, this amazing massage technique works every facial muscle to give a "virtual manual lifting" effect with spectacular and long lasting results. The face is remodelled from within, and the oval of the face becomes better defined and firmer, leaving the skin firm and radiant again. Used in combination with Exceptional Mask.</p>
	<p>Induces sleep and deep relaxation Mer & Sens Facial 1 hour 15mins A real moment of relaxation, this is the first introduction to relaxation for those who are still reluctant to try body treatments. Remineralising and relaxing, this facial treatment meets a new beauty need. Through this unique sensorial experience, the face regains its natural beauty, the features are relaxed and the face is radiant and relaxed.</p>
	<p>Energising and Anti-Ageing Thalgomen Ocean Treatment 1 hour Thalgo has created the Ocean Facial for stressed skin. This hi-tech professional treatment is based upon relaxing massage movements and the application of a purifying mask diffusing all the goodness of the highly energising Algue Bleue Vitale®, directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance.</p>

- We recommend a course of 6-12 facial treatments for optimum results



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	<p>Body Peeling 30 mins Full body exfoliation with Descomask Scrub. This treatment leaves the skin soft, stimulated and smoothes cellulite and congested skin.</p>
	<p>Aromaceane Peeling 30 mins A special blend of Aromaceane powder with sea salts, Sculpting Cream with Algae and Aromaceane Oil all combine to give you the most wonderful luxurious exfoliation.</p>
	<p>Body Peeling Hot Stones 30 mins A special blend of Aromaceane powder with sea salts, Sculpting Cream with Algae and Aromaceane Oil. The luxury of Hot Stones is introduced into the exfoliation which creates the most luxurious body exfoliation experience.</p>
	<p>Luxurious Exfoliation Indoceane 30 mins Enriched with brown sugar, salt and Mediterranean essential oils are blend together in this delicious and purifying body scrub. Luxurious and nourishing, it leaves your skin</p>
	<p>Velvety smooth and silky soft Marine Prelude Salt Mud Wrap 60 mins Ultra-exfoliation combining natural sea salts and Marine Mud. Eliminates dead skin cells, helps smooth skin roughness, refines skin texture and invigorates the entire body by activating micro-circulation. Includes reflex activity of the feet.</p>



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	<p>Energise Thalgothermic Wrap 45 mins After a full body application of a concentrated marine gel Plasmalg Gel, overall body purifying and sweating session follows under a thermal blanket. (*Heat treatment)</p>
	<p>Rebalancing Back Treatment 45 mins Rich in natural active marine algae, this treatment cleanses and purifies to leave the skin radiant. Incorporates a relaxing back massage to ease away tensions.</p>
	<p>Micronised Marine Algae Body Wrap 60 mins The traditional marine algae wrap, rich in minerals, vitamins and micronutrients. This treatment activates circulation and increases metabolism, relieves aches and pains. Excellent for general well being and total relaxation. (*Heat treatment)</p>
	<p>Toning Gel Body Wrap 60 mins For intensive silhouette refining. A gel wrap, rich in marine minerals and vitamins, this treatment detoxifies the body, and is ideal for firming slack muscle tone, and for relieving tired and heavy legs. The ultimate detox!</p>
	<p>Treat Frigi Thalgo body wrap 60 mins A simple cold wrap treatment, highly effective in eliminating excess fluid from the hips and thigh area. Excellent for the treatment of cellulite, heavy legs and thighs, and for the relief of tired and heavy legs.</p>



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	<p>Aromaceane Mud Wrap 60 mins Ultra relaxing and cleansing treatment combining essential oils and sea mud and includes reflex massage of the feet. Essential oil chosen individually to suit specific concerns: A) Aroma Slender B) Aroma Vitality C) Aroma Detox D) Aroma Relax</p>
	<p>Bust Modelling Treatment 60 mins An intensive thermic treatment incorporating plant and marine proteins combined with high performance liposomes to enhance elasticity and maintain bust firmness and definition.</p>
	<p>Thalgomince LC 24 wrap 60 mins A slimming treatment which changes the destiny of your slimming cells. This treatment takes targeted action against fatty deposits and eliminates wastes with help of caffeine and brown algae. Active ingredients' reduces synthesis and fat storage. Promotes elimination of fat and enhances cellular reprogramming of the adipocytes (fatty cells).</p>
	<p>Slim & Sculpt Body Wrap 90 mins The perfect post-pregnancy or weight loss treatment to enhance the silhouette and tighten and tone localized areas. Combines rebalancing algae with marine and plant extracts to strengthen the skin's elasticity and minimize fatty deposits.</p>
	<p>Holistic Rituals Indoceane Journey 60 mins A unique massage for complete sensorial pleasure. The process of body scrubbing, precious milk bath, a massage with essential oils and Qi-balm and a Sublime cream body wrap gives you a journey to complete relaxation for mind, body and soul</p>



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	<p>Mer & Sens Ritual 90 mins More than a new massage method, Hot stones is a complete purifying re-mineralising and relaxing treatment. The exfoliation and sculpturing techniques are carried out with volcanic and marine stones for a completely "rounded" approach using spiral movements. This sculpting massage evokes a floating sensation allowing the client to let go of tensions almost immediately.</p>
	<p>Ocean Memory 2 Hour 30 mins A polysensorial marine treatment with original textures, delightfully beauty techniques and a captivating aquatic fragrance enhancing deep relaxation and rejuvenation. A true sea ceremony where Algae reigns supreme, involving 4 sensorial steps: 1) Ocean Memory Scrub – Smoothing and Purifying Exfoliation 2) Ocean Sensation Bath - a Relaxing Bath that Replenishes, Re-mineralises and Recharges the body 3) Ocean Memory Massage - A Neo-vital massage that Regenerates and Rebalances the body 4) Tingling Algae Mousse Wrap - a Fortifying Wrap which truly Re-energises each and every cell in the body.</p>
	<p>MASSAGES Relaxing Aroma Massage 60 mins This massage of Indian origin is a global resourcing massage. It allows muscles of all forms of tension, in turn creating mental relaxation.</p>
	<p>Swedish Massage 60 min A manual treatment based on specific gentle movements on the whole body, respecting a relaxing protocol for a maximal well being. A classic therapeutic massage adjusted to your needs.</p>
	<p>Indoceane Massage 60 mins A unique traditional massage adapted from Asian countries like India and Japan which helps to relieve the stress level and increases the circulation</p>



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	<p>Mer & Sens massage 1 Hr 15 mins Deeply relaxing massage which induces sleep and eases out the aches and pain. By using extreme temperatures of hot and cold the body tissues get oxygenated and improves the circulation. This treatment can also be incorporated in the eye area to restructure and strengthen the eye area and to combat problems like dark circles, fine lines, wrinkles and puffiness.</p>
	<p>Ocean Memory Massage 1 Hour An energising and protective massage treatment for intense remineralisation. This massage involves a unique technique of stamping the areas of tension with a massage pouch filled with mineral salts and algae. The mineral salts provide the necessary remineralisation and the algae emit its significant anti-stress and anti-fatigue properties. The deep ocean blue aquatic oil used in this massage is deeply invigorating leaving you feeling rejuvenated and tension-free.</p>
	<p>Lomi Lomi Massage (Hawaiian Massage) 60 mins 90 mins A truly Hawaiian massage with slow and rhythmic strokes that soothes tense muscles and allows healing energy to flow freely to create balance and energy.</p>
	<p>Balinese Massage 60 mins 90 mins This massage combines stretches, acupressure & aromatherapy oils to soothe you. It works deeply to soothe damaged tissues, relieves stressed muscles and joint pains.</p>
	<p>Stress Relieving Massage 60 mins 90 mins The Stress relieving massage is true to its name and relieves tension, stress and stiff muscles. This massage combines slow strokes and stretches, focusing pressure on targeted muscle groups to reduce pain and increase flexibility. Especially designed to rejuvenate, recharge and re-balance.</p>



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	<p>Deep tissue Massage 60 mins 90 mins This is a deep oil based massage and works deeply to ease muscle & joint pain. It stimulates the tissues and increases the effectivity of the blood circulation & lymphatic system.</p>
	<p>Packages for Couples 90 mins (massage + Bath) 120 mins (Scrub + massage + Bath) Escape together in this holistic couple spa package designed especially for today's stressed-out and time-starved couples to detox, de-stress and re-energise all at the same time as they indulge together in a symphony of our selected and best signature detoxifying and highly pampering body scrubs, relaxing massages and rejuvenating baths. Just let go and do nothing, and let us do the thinking and pamper you for your well-deserved time-out together. There is no better way to spend quality time together than this most delightful spa package.</p>
	<p>Ayurvedic Treatments Abhyangam 60 mins Pamper yourself with this nourishing oil massage which relieves fatigue, provides stamina, pleasure and perfect sleep, enhances the complexion and the lustre of the skin, promotes longevity and nourishes all parts of the body. It also improves circulation and tones the slack muscles.</p>
	<p>Shirodhara 60 mins Shirodhara is an ayurvedic treatment that leaves both feeling calm and clear headed. It aims to harness the flow of energy around your body. Shirodhara treatment features the gentle, steady streaming of warm, fragrant oil into the 'third eye' on your forehead followed by a scalp and body massage. This treatment leaves you calm, clear and rejuvenated.</p>
	<p>Udvarthanam 60 mins A stimulating, exfoliating massage using a powerful mixture of ayurvedic powders which reduces cellulite accumulations, breaks fatty deposits, improves circulation and enhances the skin's texture and appearance. It removes excess heat from the body and draws fresh energy to the surface of the skin. A wonderful treatment for those seeking a perfectly smooth, blemish-free, gleaming body.</p>



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Salon Treatment

- Description Duration Amount

Hair Spa

- Hair Wash 15 Mins
- Head Massage 30 Mins
- Hair Spa Treatment (Short hair) 60 Mins
- Hair Spa Treatment (Long Hair) 60 Mins
- Blow Dry 45 Mins
- Spa Pedicure 60 Mins
- French Pedicure 60 Mins
- Spa Manicure 60 Mins
- French Manicure 60 Mins
- File & Polish 15 Mins
- Foot Massage 30 Mins
- Foot Reflexology 30 Mins

Waxing

- Full Leg 20 Mins
- Half Leg 15 Mins
- Bikini 20 Mins
- Brazilian 15 Mins
- Full Arm 15 Mins
- Half Arm 10 Mins
- Underarm 10 Mins
- Threading 15 Mins

Suryavilas Luxury Resort & Spa
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